



For persons 13 and up unless otherwise specified.

Activities are held at the Troy Community Center, 3179 Livernois, Troy MI 48083, 248.524.3484, unless otherwise noted. Staff will try their best to meet everyone's needs but you may be asked to provide an aide or to withdraw from the activity.

March/April 2019

Membership Cards

Registration/Medical forms need to be renewed yearly (expire August 31). A new membership card will be issued after updated form is received. Forms are included with the Newsletter (pg. 7-8) for your convenience, or you may pick one up at the Community Center front desk or online at rec.troymi.gov on the Adaptive page. Drop off or mail form to the CC and we will mail you a membership card. **This card is required for admission to all drop-in activities.**

Newsletter

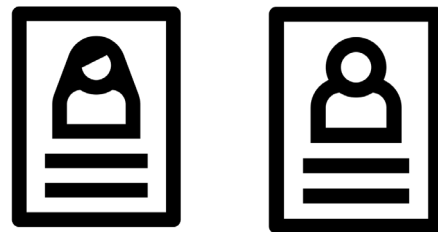
Beginning in September 2018 you can only receive the newsletter via email or pick it up at the community center. The Adaptive newsletter is published six times per year:

- Pick up a free copy at the Community Center Front Desk or at any of the monthly drop in activities.
- Receive the newsletter free via e-mail. Visit the City website: rec.troymi.gov/adaptive and click on the green button. Enter your e-mail address and click on SAVE. Then select Adaptive News & Updates and click save. You will receive notification when new a newsletter is available to download.

Woodside Bible Church activities can be viewed at the following web address:

<https://woodsidebible.org/special-times/>

Punch Cards



Save some CA\$H and purchase a punch card to attend the Monday night activities (Movie & Pizza, Karaoke, Bingo) and Friday Frolic Dances. Punch cards are \$55/Residents and \$60/NR. This is a savings of \$15/Residents and \$10/NR over paying at the door. This punch card is good for ten admissions to only the Monday nights or Friday Frolics. Drop-in fees for these events are \$7 at the door.

There is no refund for lost or stolen cards, so be careful not to lose your punch card. **Write your name and phone number on the back in case you misplace it.** If you've experienced problems with your Friendship Club member losing their punch card, we have a suggestion: **Put the punch card on a lanyard and have them wear it to the events.** For homes with multiple Friendship Club participants, put the cards on a card ring (found in office supplies) and carry them all together.

This card can be purchased with cash, check or credit card (MasterCard or Visa) at the front desk of the Community Center.

Movie & Pizza

Mondays, Mar 11 & Apr 8

6:30-8:30 pm at Troy Community Center

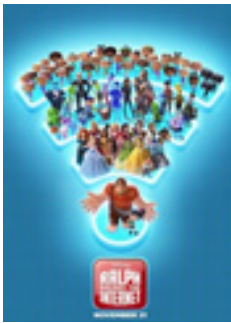
Cost: \$7 or punch card

Aides may purchase pizza \$1/slice. Please place your order when you check in before pizza is ordered. If you will be arriving late, please call ahead to allow us to order enough pizza at 248.990.0029.

Movies:

Mar 11: "Ralph Breaks the Internet" 112 minutes

Apr 8: "Mary Poppins Returns" 131 minutes



BINGO Night!

Mondays, Mar 25 & Apr 22

7-8:30 pm at Troy Community Center

Cost: \$7 or punch card

Prizes will be given to the winners and we will break for refreshments. Aides may purchase pop and chips for \$1.

Softball

May 2 through August 6

6:30-8:30 pm every Thursday

Firefighter's Park (weather permitting)

Cost: \$42, \$52/NR

Activity# 7330-A

Register now for the 2019 softball team. Practices will begin May 2, weather permitting. This activity is for ages 16 and older. Games begin in June through first week of August. Fee includes, shirts, coaches and end of season picnic. Space is limited. Please register by April 12.

Karaoke

Mondays, Mar 18 & Apr 15

7-8:30 pm at Troy Community Center

Cost: \$7 or punch card

Have fun while singing along with the latest and greatest artists. Feel free to bring your own CD to sing and dance along with.

Pop and chips will be provided.

Aides may purchase pop and chips for \$1.



Created by Arthur Shlain
from Noun Project

Friday Frolic Dance

Fridays, Mar 8 & Apr 12

7-9 pm at Troy Community Center

Cost: \$7 or punch card

Dancing with a DJ and refreshments.

My Chance to Dance

Dance/Exercise for Children and Adults
with Developmental Disabilities

Thursdays from 7-8 pm

Big Beaver United Methodist Church

3753 John R, Troy

Cost: \$40 for 8 classes or \$6/drop in

First class FREE for new students! This class is ongoing. Please contact Peggy DiMercurio at mdimercurio@wowway.com or 586.801.4902, with any questions.

Daytime Friendship Club

Tuesdays and Thursdays

10am-3pm

**As of July 2018 fees will be \$82 R/
\$92 NR for Daytime program.
This is first fee increase since 2010.**

**ALL PARTICIPANTS MUST REGISTER
PRIOR TO ATTENDING**

**If your participant is not registered for
next month on the last day of the current
month a reminder will be sent via email.**

This program for ages 18 and older meets every Tuesday and Thursday from 10am-3pm (except holidays as noted) at the Troy Community Center. The program has access to the gym, swimming pool, outdoor resources and a wide variety of fun things to do in their camp room. The monthly calendar outlines which days the clients are to bring lunches and which days the meals are provided. They can also purchase meals in the senior dining area for a reasonable price. Participants have input in developing the monthly schedule. Staff are retired special education professionals who have extensive experience with our population of clients.

New Participants

We ask that new participants attend with a family member or aide on a Tuesday or Thursday prior to registering to be introduced to the program and meet the staff. This will also give ample time for all necessary paperwork to be completed before enrolling. Thank you for your cooperation.

Fees

The fee is \$82 (\$92 NR) per month for one day a week or \$164(\$184 NR) for both days. Pre-registration is required and you must register for the entire month. Contact Elaine Torvinen at the Community Center at 248.524.3484 or email E.Torvinen@troymi.gov. for more information. Register early! Space is limited. If you wait until the first day of the month to register the program may be filled.

A 25% subsidy is available to low-income Troy residents who meet the following guidelines: 1 person household – annual income of \$24,450 or less; 2 person household – annual income of \$27,950 or less; 3 person household – annual income of \$31,450 or less. Please call 248.524.3484 for information on larger household sizes. Applicants must fill out a confidential application and submit it at the time of registration. Please call 248-524-3484 and we will mail an application to you.



Transportation Option

Transportation for Troy residents may be available through Troy Medi-Go Plus. Call 248.457.1100 for information. For residents in surrounding communities, we encourage you to check with the public transportation resources in your area of residence. **If using Public Transportation please arrange for drop-off at the Community Center between 9:30-10 am and pick-up between 2:30-3 pm.**

Activity Numbers for Jan through Apr 2019 are:

	Tuesdays		Thursdays
Mar	7300-J	Mar	7310-J
Apr	7300-K	Apr	7310-K
May	7300-L	May	7310-L
June	7300-M	June	7310-M

There are 48 sessions planned for both Tuesdays and Thursdays. The fee is the same amount each month whether the month has 3, 4 or 5 Tuesdays or Thursdays in a month. This averages out to 4 days a month over the entire year.

On-Going Events



Basketball: Tuesday evenings fall and winter at the Troy Community Center for persons with developmental disabilities. Registration is required. Minimum age: 16 years old unless otherwise noted.



Bowling: Saturdays (Sept through mid-May, except Holiday weekends)



Bowl One Lanes 1639 E. 14 Mile Rd, Troy from 10 am-12 pm.

\$9 per week includes shoes and three games. Bowlers should arrive by 10:15 ready to play. Late arrivals will not be allowed to bowl. Drop-in. Minimum age: 10 years old.

NOTE NEW LOCATION AS OF NOV 1

My Chance to Dance: Thursday evenings from 7-8 pm at Big Beaver United Methodist Church, 3753 John R, Troy. This activity is now ongoing. Contact Peggy with any questions on dates class will not meet. Minimum age: 13. Please contact Peggy DiMercurio at mdimercurio@wowway.com or 586.801.4902, with any questions.



NoteABLE Youth Ensemble is an instrumental ensemble for youth with special needs. Practices are held on Fridays from 4-5pm at Bethesda Romanian Pentecostal Church, 2075 E. Long Lake Rd, Troy, MI 48085. Youth who play instruments are encouraged to join. \$50/semester. Minimum age: 10. Please email info@noteableyouth.org for more information or call Marcia Marshall: 248-961-1864. <http://noteableyouth.org>



Performing Arts Club: For teens and young adults with developmental disabilities. **Mondays 7-9 pm** at the Big Beaver United Methodist Church, 3753 John R. Sponsored by the Italian Study Group of Troy. For more information, call Denise at 248.703.7303. Minimum age: 16.

Softball: A Thursday evening league for teens and adults with developmental disabilities plays against other cities in Oakland County May through August. Practices are held on Thursday evenings in May. Minimum age: 16.



Special Events: Countywide special events are offered by Oakland County Parks for people with cognitive and physical impairments. Call 248.858.7596 to receive the Oakland County Parks newsletter.

Special Olympics: Team Troy Special Olympics participates in swimming, track and field, and golf. Minimum age: 8. Call 248.370.0922 or www.somi.org for more information.



Special Olympics Michigan



Weight Watchers: Tuesdays, meets at 5:30 pm and 6 pm at Big Beaver United Methodist Church, 3753 John R, Troy. The fee is 50 cents per week. Braille is available. Persons accompanying a program participant may participate for the same fee. Co-sponsored by The Arc of Oakland County. Call Allison Murowany at 248.816.1900 for details. Minimum age 13.

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	BBUMC = Big Beaver United Methodist Church 3753 John R Troy	TCC= Troy Community Center 3179 Livernois			1	2 Bowling 10am-12pm \$9 for 3 games and shoes. Bowl One Lanes 1639 E. 14 Mile
3	4 Performing Arts 7-9 pm BBUMC	5 Friendship Club 10 am-3 pm TCC Weight Watchers 5:30 & 6 pm BBUMC Basketball 6:30-8:30 pm TCC	6	7 Friendship Club 10 am-3 pm TCC My Chance to Dance 7-8 pm BBUMC	8 Friday Frolic 7-9 pm TCC	9 Bowling 10am-12pm
10	11 Movie & Pizza 6:30- 8:30 pm "Ralph Breaks the Internet" TCC Performing Arts 7-9 pm BBUMC	12 Friendship Club 10 am-3 pm TCC Weight Watchers 5:30 & 6 pm BBUMC Basketball 6:30-8:30 pm TCC	13	14 Friendship Club 10 am-3 pm TCC My Chance to Dance 7-8 pm BBUMC	15	16 Bowling 10am-12pm
17 	18 Karaoke and Dancing 7-8:30 pm TCC Performing Arts 7-9 pm BBUMC	19 Friendship Club 10 am-3 pm TCC Weight Watchers 5:30 & 6 pm BBUMC	20	21 Friendship Club 10 am-3 pm TCC My Chance to Dance 7-8 pm BBUMC	22	23 Bowling 10am-12pm
24	25 Bingo 7-8:30 pm TCC Performing Arts 7-9 pm BBUMC	26 Friendship Club 10 am-3 pm TCC Weight Watchers 5:30 & 6 pm BBUMC	27	28 Friendship Club 10 am-3 pm TCC My Chance to Dance 7-8 pm BBUMC	29	30 Bowling 10am-12pm

April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TCC= Troy Community Center 3179 Livernois	1 BBUMC = Big Beaver United Methodist Church 3753 John R Troy	2 Friendship Club 10 am-3 pm TCC Weight Watchers 5:30 & 6 pm BBUMC	3	4 Friendship Club 10 am-3 pm TCC My Chance to Dance 7-8 pm BBUMC	5	6 Bowling 10am-12pm \$9 for 3 games and shoes. Bowl One Lanes 1639 E. 14 Mile
7	8 Movie & Pizza 6:30- 8:30 pm "Mary Poppins Returns" TCC Performing Arts 7-9 pm BBUMC	9 Friendship Club 10 am-3 pm TCC Weight Watchers 5:30 & 6 pm BBUMC	10	11 Friendship Club 10 am-3 pm TCC My Chance to Dance 7-8 pm BBUMC	12 Friday Frolic 7-9 pm TCC	13 Bowling 10am-12pm
14	15 Karaoke and Dancing 7-8:30 pm TCC Performing Arts 7-9 pm BBUMC	16 Friendship Club 10 am-3 pm TCC Weight Watchers 5:30 & 6 pm BBUMC	17	18 Friendship Club 10 am-3 pm TCC My Chance to Dance 7-8 pm BBUMC	19	20 No Bowling Holiday weekend
21 	22 Bingo 7-8:30 pm Performing Arts 7-9 pm BBUMC	23 Friendship Club 10 am-3 pm TCC Weight Watchers 5:30 & 6 pm BBUMC	24	25 Friendship Club 10 am-3 pm TCC My Chance to Dance 7-8 pm BBUMC	26	27 Bowling 10am-12pm
28	29 Performing Arts 7-9 pm BBUMC	30 Friendship Club 10 am-3 pm TCC Weight Watchers 5:30 & 6 pm BBUMC				

Troy Adaptive Recreation Registration/Medical Form

Date: _____

Participants Name: _____ Age _____ Birthdate _____ Phone _____
(Last) (First)

Participants Address: _____
(Number/Street) (City) (Zip)

Name of person to be contacted in case of an emergency: _____

Select one that applies to above person: Parent: ___ Family member: ___ Caregiver: ___ Home manager: ___

Address if different from above: _____

Phone(h): _____ Phone(w): _____ Cell/pager: _____

Email address: _____

Secondary emergency contact: _____ Relationship: _____ Phone: _____

List any medications you are taking: _____

List any medications you are allergic to: _____

Date of last tetanus shot: _____ Primary disability: _____

Please indicate YES or NO and explain if necessary:

Communication barriers: _____ If so explain: _____

Seizure: _____ If so explain: _____

Allergies: _____ If so explain: _____

Cognitive disability: _____ If so explain: _____

Physical Challenges: _____ If so explain: _____

Neuro-Psych Challenges: _____ If so explain: _____

Respiratory problems: _____ If so explain: _____

Urinary problems: _____ If so explain: _____

Any other activity restrictions or behavior characteristics we should be aware of: _____

I have listed all known medical conditions and will advise the Recreation Department of any changes. I hereby voluntarily release and hold harmless the City of Troy from all liability for all types of damages or injuries, foreseeable or not, sustained by my child, myself and other family members while participating, watching, and traveling to or from all Troy Parks and Recreation activities.

Signature of parent/guardian: _____ Date: _____ (OVER)

Code of Conduct

For the safety and the enjoyment of all, participants are required to adhere to the following code of conduct.

- Keep hands, feet and other objects to yourself at all times.
- Swearing, other abusive language, and inappropriate hand gestures are not allowed.
- Disruptive behavior such as yelling, harassing others and destruction of property is not allowed.
- No smoking or drinking is allowed, even if you are of age.
- Participants must stay with their group or chaperone as directed.
- Participants must follow directions of staff at all times.
- We recommend that participants be escorted in and picked up by their parent/guardian at all events.

Failure to comply with any of these rules will result in discipline as follows:

1. Oral warning: an official warning that the conduct is unacceptable.
2. Oral warning and the parent/guardian will be called to pick participant up.
3. Suspension from programs: parent/guardian will be called to pick participant up, and you will not be allowed back for a specified period of time.
4. Participant may be no longer be allowed to attend the program or may be allowed to attend only with an escort.

Discipline may be started at a higher level depending on the severity of the incident.

Please sign below indicating that you have read the code of conduct.

Signature _____ Date: _____



Staff Use Only

Date of Discipline	Reason	Action Taken (1, 2, 3, or 4 above and time period if #3)



Troy Recreation Registration Form

Registration continues until courses are filled or closed unless otherwise noted

HOUSEHOLD/PRIMARY ADULT CONTACT:

Last Name: _____ First Name: _____

Street (no P.O. boxes): _____ City: _____ Zip: _____

Current Home Phone: _____ Business Phone: _____

Emergency Phone: _____ *Email Address: _____

**By providing an email address, I agree to allow the TRD to use it to send my receipt and to contact me about my program and other departmental programs and events. I understand that this information is not shared with outside entities.*

Participant Last Name	First Name	Birth Date	M/F	Grade	Class Title	Act #	Section Letter	Alt Act #	Alt Sec Letter	Fee	
Roster Notes: _____										Total Fees	\$

For Youth Leagues ONLY: Please indicate the school your child attends by circling the appropriate letter.

A. Barnard	E. Hill	I. Schroeder	M. Wattles	Q. Boulan	U. Troy High
B. Bemis	F. Leonard	J. Warren	N. Avondale Schools	R. Larson	W. Private
C. Costello	G. Martell	K. Troy Union	O. Bham/Blmfd Schools	S. Smith	School
D. Hamilton	H. Morse	L. Wass	P. Baker	T. Athens High	

Refund Policies:

- Refunds are issued to head of household of the person registered for the class.
- Refunds will be returned in the form of the original payment. Credit card refunds are processed in 3–5 business days. Cash or check refunds take three to four weeks to process and will be sent to the address on file.
- We do not process refunds if the amount due after the administrative fee and prorated amount is less than \$10.

I hereby voluntarily release and hold harmless the City of Troy, City of Troy Contractors/Independent Contractors and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity. I/we also hereby authorize the City to reproduce, copy, exhibit, publish, broadcast or distribute my image or my child's image in any and all videotapes and photographs taken while participating, watching and traveling to or from the activity for promotional purposes.

Signature Required: _____ Date: _____

Check here if you need an accommodation and you will be contacted by the ADA Coordinator